



Southern Gardens
Ringwood Road
TOTTON
SO40 8RW

Guidelines for dealing with an Incident/Accident

- Stay calm but act swiftly and observe the situation.
- Is there a danger of further injury?
- Listen to what the injured person is saying
- Alert the First Aider who should take appropriate action for minor injuries
- In the event of an injury requiring specialist treatment, call the emergency services.

Full details of contact numbers are found on the club notice board and in each changing room

- Deal with the rest of the group and ensure they are adequately supervised
- Do not move someone with major injuries. Wait for the emergency medics
- Contact the injured persons parents
- Complete an Incident/Accident form